

2017 USAPL NORTHERN INDIANA BENCH & DEADLIFT EQUIPPED & UNEQUIPPED CHAMPIONSHIPS

WHEN: Saturday, June 24, 2017
TIME: Weigh In: 11:00 am
Competition: 1:00 pm

WHERE: Century Center (Hall B)
120 Dr. Martin Luther King Jr. Dr
South Bend, Indiana 46601

ENTRY FEE: \$65.00 (checks made payable to Mike Mayfield) • \$25.00 each additional division
Team entry: \$60.00 ea., Teams of 3+ Only. Late Fee, register after 6/10/17, +\$50.00

ELIGIBILITY: Open to all registered USAPL lifters who are drug free by the definition of the USAPL. Sanction # IN-2017-01 USAPL cards available at meet: Rates vary by Division. We STRONGLY encourage you to visit the USAPL website and register in advance.

AWARDS:
1st—5th: Trophies in Open weight classes (Men (kg)53,59,66,74,83,93,105,120,120+)
1st—3rd: Masters in 11 weight classes & 2 age groups (40-49, 50 and up)
1st—3rd: Women in 8 weight classes (Women (kg)43,47,52,57,63,72,84,84+)
1st—3rd: Teen in following weight classes (Women (kg)43,47,52,57,63,72,84,84+) (Men (kg)53,59,66,74,83,93,105,120,120+)
1st—3rd: Junior (20-23), weight classes (Women (kg)43,47,52,57,63,72,84,84+) (Men (kg)53,59,66,74,83,93,105,120,120+)
1st—3rd: Best lifters in Open
1 Best Lifter: Master – Women – Teen - Junior
1st—3rd: Team

ADMISSION: \$15.00 at the door

REGULATIONS: All USAPL rules apply. This is an equipped and unequipped meet. Lifters in unequipped division must wear a one piece lifting suit. Lifters in equipped division must adhere to all USAPL regulations. All except Open division will use Wilks Formula.

FOR MORE INFO: Contact Rudy Clark 574-261-6069 • Email: northernIN12@gmail.com • Or visit: www.npcnorthernindiana.com

ENTRY FORM 2017 USAPL NORTHERN INDIANA BENCH & DEADLIFT EQUIPPED & UNEQUIPPED CHAMPIONSHIPS

(PLEASE PRINT)

NAME: _____ AGE: _____ SEX: _____

ADDRESS: _____

Street Address City State Zip

PHONE: (____) _____ E-MAIL: _____

TEAM: _____ WEIGHT CLASS: _____ ADFPF #: _____

BEST BENCH (OR ESTIMATED BENCH) **MUST BE FILLED IN:** _____

IF PREVIOUSLY TESTED: WHERE: _____ WHEN: _____ TYPE OF TEST: _____

DIVISIONS ENTERED: (Circle one or more):

EQUIPPED

BENCHPRESS OPEN YOUTH TEEN JUNIORS MASTERS SPECIAL OLY

DEADLIFT OPEN YOUTH TEEN JUNIORS MASTERS SPECIAL OLY

(\$25 EACH ADDITIONAL DIVISION)

NON-EQUIPPED

BENCHPRESS OPEN YOUTH TEEN JUNIORS MASTERS SPECIAL OLY

DEADLIFT OPEN YOUTH TEEN JUNIORS MASTERS SPECIAL OLY

(\$25 EACH ADDITIONAL DIVISION)

TOTAL AMOUNT ENCLOSED: \$ _____ (Checks payable to Mike Mayfield)

In consideration of my entry, I, intending to be legally bound, hereby, for myself, my executors and administrators, waive and release the USAPL, Mike Mayfield, The Century Center, their agents, representatives, committees and members from any and all claims or rights to damage from injuries or losses suffered by me directly or indirectly competing in or attending the **2017 USAPL NORTHERN INDIANA BENCH & DEADLIFT EQUIPPED & UNEQUIPPED CHAMPIONSHIPS**. I agree to abide by the USAPL rules governing this event.

Signature: _____ Date: _____

If minor, Parent's Signature _____ Date: _____

RELEASE FROM LIABILITY and CONSENT TO DRUG TEST:

NOTE: (Please read this release very carefully as when you sign it, you will be giving up important legal rights.)

In consideration of the acceptance of my entry form for the 2017 USAPL NORTHERN INDIANA BENCH & DEADLIFT EQUIPPED & UNEQUIPPED CHAMPIONSHIPS, I intend to be legally bound for not only myself, but also my heirs, executors and my administrators.

Additionally, I understand that Powerlifting is an inherently hazardous activity and that participation in this sport exposes me to the risk of injury or death. I further understand that the U.S.A.P.L. will NOT reimburse me for, or coverage of any medical expenses incurred by me as a result of injuries that I might sustain, training for, traveling to or from, or participating in the competition.

In signing this release from liability, I waive and release anyone connected with this competition; i.e. the meet directors, the USAPL, competition sponsors and staff, the World Drug-Free Powerlifting Federation (WDFPF), the contest facilities or any persons associated with the competition from any and all liability, including any results of negligence which may arise from this competition. Moreover, I agree that any testing method selected by U.S.A.P.L. recognized testing officers may be applied to detect the presence of drugs, as listed on the World Anti-Doping Agency (WADA) banned substances list SHALL BE CONCLUSIVE. I agree to co-operate fully with all required IOC sampling and testing procedures. This includes any testing procedures that may be considered necessary prior to or after this event.

Should I fail to pass the drug testing procedures, I agree to forfeit any trophy, award, record or placing which I won during the competition and I also forfeit any previous trophy, award, record or placing should the offence be deemed serious enough, according to USAPL & WDFPF rules, to warrant such an action. I understand and agree that if I fail to pass the drug testing process, my name will appear on a published list of suspended members. If determined that I failed the drug test, I agree to waive any claim for which legal relief is available. I also agree to waive any claim that might arise under state, national or international law for defamation, slander, libel, or any other claim for which legal relief is available.

I realize that if I do not attend the 2017 USAPL NORTHERN INDIANA BENCH & DEADLIFT EQUIPPED & UNEQUIPPED CHAMPIONSHIPS for any reason, I will forfeit all fees which cannot be exchanged.

I agree to pay any attorney fees and litigation expenses incurred by any person real or corporate, whom I may sue in an effort to challenge this release from liability.

I understand that my agreement to pay attorney fees and litigation expenses is the SINE QUA NON for acceptance of my entry in this championship. If any provision of this Release from Liability shall be deemed by a court of competent jurisdiction to be invalid, the remainder of this Release from Liability shall remain in full force and effect. I also certify with my signature that this release/agreement cannot be modified orally.

All USAPL athletes, coaches, officials, referees, and platform personnel acknowledge and understand that they represent, and are seen as representing, the USAPL, the WDFPF, their team, their state, their country, and the sport of powerlifting when training for, traveling to and from, and taking part in a competition or related activities. Accordingly, they agree that they will act responsibly and respectfully at all times and will obey all local laws, even if they are different from the laws they are subject to at home. They will also exhibit outstanding sportsmanship in keeping with the values, ideals, and spirit of drug free sport and will encourage others to do the same. It is understood that failure to adhere to these standards of conduct may result in discipline by the USAPL and/or WDFPF, up to and including a suspension or ban from taking part in USAPL and/or WDFPF events.

Please PRINT ATHLETES FULL NAME: _____

Signature of Athlete: _____ Date: _____

If the lifter is under 18 years of age the following is required:

Signature of parent/guardian: _____ Date: _____

Certification: I hereby give my word of honor as an athlete that I have not used any strength inducing drugs (i.e., any anabolic steroid, natural hormone or synthetic growth hormone) as part of my training during the past sixty months (five years), nor have I used or will I use prescription diuretics or psychomotor stimulants during the seven days prior to this competition.

Signature of Athlete: _____ Date: _____

Send entry form, check & release form to: Mike Mayfield
55060 Chamberlain Drive
South Bend, IN 46628



USA Powerlifting™

1120 Huffman Rd, Ste 24 #223, Anchorage, AK 99515

Phone: (260) 248-4889 Fax: (260) 248-4879

Email: nationaloffice@usapowerlifting.com Website: www.usapowerlifting.com

UNDER THE PROVISIONS OF ARTICLE 7 OF THE USA POWERLIFTING™, A SANCTION IS HEREBY GRANTED TO CONDUCT A POWERLIFTING MEET AS DESCRIBED BELOW:

SANCTION NUMBER: **IN-2017-01**

TITLE OF POWERLIFTING MEET: **Northern Indiana USA Powerlifting Bench & Deadlift Championships**

MEET SITE LOCATION: **South Bend, IN**

POWERLIFTING MEET DATE: **June 24, 2017**

MEET DIRECTOR NAME: **Rudy Clark & Mike Mayfield**

MEET APPROVAL INFORMATION: **Dr. Larry Maile**

This powerlifting meet sanction is automatically VOID if the conditions of the USAPL Rules and/or Bylaws are not met. Include the Sanction # on ALL forms, advertising and communications, etc. for this sanctioned meet.

Prior to the start of the meet:

1. USAPL Membership Card: All participants, including Referees must have a current USAPL membership card. Proof of membership must be shown prior to weigh-in or purchased before weigh-ins.
2. Release of Claims and Liability Form: Must be signed by all Lifters and Meet Participants, including Loaders, Spotters, Platform Workers, and Referees prior to weigh-in or the commencement of the meet, whichever is applicable.
3. Drug Testing: MUST be completed on a minimum of 10% of the lifters competing including anyone setting an American Record.
Example: If you have 51 lifters, you must drug test 6 lifters.
4. Weigh-ins: Lifters must weigh-in within no more than 2-hours before the lifting starts. There are no early weigh-ins for any USAPL meet.